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TRANSVESTITES EXPLAINED

YOUR TWENTY MINUTE GUIDE TO
UNDERSTANDING SLIGHTLY DIFFERENT LADIES

TRANSVESTITES EXPLAINED

Your 20-minute guide to understanding
slightly different ladies

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INTRODUCTION

Have you ever wondered why some men become transvestites? Many years ago, I decided to find out why. What I discovered amazed me and I learnt that there was much more to being a transvestite than just wearing women's clothes. Also known as trannies, or drag queens, transvestites have become a kind of symbol for the gay community.

Transvestites Explained explores what drives men to become transvestites and offers helpful advice for these *slightly different* ladies.

I now invite you to read *Transvestites Explained* – your 20-minute guide to understanding *slightly different* ladies.

CHAPTER ONE

What Drives Some Males to Become Transvestites?

In my free ebook download, *Thailand's Ladyboys Finally Explained*, I list the many reasons why so many Thai males become ladyboys. Oddly enough, some of these very reasons are also the factors why some western males go on to become transvestites.

For example, in infancy, some boys like to play with girls' toys. They may prefer to play with dolls instead of guns or fire trucks.

If this usually-passing trend is allowed to continue, or encouraged within the family, it can in our society also lead to a male growing up with a sex/gender issue.

Some transvestites are either bisexual or homosexual males. They therefore dress up as ladies in the hope of attracting the attention of other males.

This, too, is very common in Thailand and some 'slightly wayward' men are indeed attracted to 'ladies in drag'.

GENDER ISSUES

Scores of older societies, including the Thai culture, some Pacific Island nations, and even ancient Indian tribes such as the Navajo, have for thousands of years believed that some people may be wrongly-born into another sex's body – the third gender.

Many Thai ladyboys believe this and do think they are women mistakenly born into the body of a man. Oddly enough, in our modern society some transvestites as well believe they are women mistakenly born into the body of a man.

While this may also sound outrageous to westerners, let's not overlook the fact that Anorexics think they are fat when they are, in fact, quite skinny. Some people, even huge bodybuilders, can perceive themselves as under-developed – an emotional condition known as Bigorexia or Muscle Dysmorphia. In a similar fashion and as mentioned above, some people, despite being born a male, do believe they were meant to be a woman.

As with Thai ladyboys, many transvestites don't see themselves as gay males, but instead just view their sexual relations with men as the natural way a lady like them is meant to behave.

Those males who do feel they have a woman's heart, mind and soul are found in all cultures, and nowadays are often referred to as transgender males, and are said to be experiencing a psychological condition known as Gender Dysphoria.

I had a male friend who suffered Gender Dysphoria and would rush home every day after work, just so he could get out of his man's clothes and put on a woman's bra and knickers.

In the past, such males from the western world have not been well-accepted by friends and family, and have rarely been free to express their desired gender. Therefore, trans males in our society have for hundreds of years virtually lived their entire lives hiding the sex gender many of them thought they were really meant to be.

Males with Gender Dysphoria can start feeling and acting a little girlishly at very young ages and some of them may begin wearing their mother's or sister's clothes, eye shadow and lipstick, and preferring to do women's chores well before the ages of 5 or 6.

Naked in front of the mirror, many transgender males would still not likely see themselves as men, and because they are totally convinced they are a woman trapped within a man's body, some transvestites hate their penis and testicles. Such transvestites are more likely to have artificial breasts and are much more likely to undergo full sex change surgery.

Gender Dysphoria can be found in boys as well as girls younger than 5, and while some may grow out of this at times painful psychological condition, many don't. Teenagers, as well as younger adults, can also experience the onset of Gender Dysphoria. I believe those who suffer Gender Dysphoria globally number hundreds and thousands. These rather unique individuals contribute to the transvestite population.

There are also those who think that because they look 'kind of girlish', they, too, are meant to be women.

In most societies, few men are driven and anchored to a lady-like lifestyle by the belief: *because they look kind of girlish, they, too, are meant to be women*. This is because, even as youths, men from many societies don't see themselves as being pretty. Plus, by the age of around 20, most males tend to be more solidly built and thicker skinned than most women, and have much more facial hair and manlier features.

Nonetheless, there are some men, usually younger males, who do see themselves as cute. Combine this with some males' rather wayward way of thinking about their sex gender, and the result can be such a male thinking: "Because I look 'kind of girlish', perhaps I am meant to be a woman".

Even when such males age and lose their 'cute' looks, it doesn't really change the way they see themselves, because they have often already become dogmatically convinced they were meant to be a woman.

CHAPTER TWO

Other Pieces to the Puzzle

Could there be other things that drive men to lady-like behaviour? I believe so.

Peer pressure as well could encourage certain wayward males to join the transvestite community.

Some young males may have also seen transvestites and thought them attractive and appealing when dressed in women's clothes, possibly leading them to believe they, too, could be attractive and appealing if they were to dress as a woman.

Some males may also feel the need to dress as transvestites and become involved in prostitution in order to fund a narcotic habit.

There could also be an 'attention-seeking' element.

Many transvestites are 'quite cute' and they do thrive on the attention they get.

Also, as the number of transvestites grow, others may more than willingly follow.

As you can now see, one's upbringing, one's sexual preference, as well as one's emotional state of mind and one's own thinking and beliefs and ambitions, all play a very significant role in the forming of the sexual orientation of males who becomes transvestites.

This throws into question the many scientific studies that claim transgender males are born biologically different. While there are some studies which suggest a tiny percent of transvestites may be born with a tendency to be lady-like, for the vast majority of transvestites, this is just not the case.

Transvestites, like gay men are rarely born biologically different, and like Thai ladyboys, any body chemistry, biological or physical differences they may have are more than likely due to the vast amount of pharmaceutical drugs and hormone medication most transvestites take.

If you want to uncover the real reasons for our society's *slightly different* ladies, please throw away the microscope and take into consideration:

their upbringing
their emotional state of mind
their own personal ways of thinking
their often-hidden ambitions

After studying many transvestites, I am convinced they are so simply because of one or some of the reasons I have outlined above.

Perhaps now Transvestites are just a little less of a mystery.

CHAPTER THREE

The Journey

Often, transitioning to a transvestite (at a level they are comfortable with) many transvestites have artificial breasts. Others undergo full sex-change reconstruction. However, nearly all transvestites, like Thai ladyboys, take massive amounts of hormonal drugs and consume huge quantities of other pharmaceutical products to keep them looking feminine – often resorting to these measures well before they have reached the age of 20.

Transvestites spend a lot of their money on ‘looking good’ and some do appear quite striking. Some transvestites are like celebrities and can occasionally be seen on TV shows, and many of them feature in magazines, gay beauty pageants, and live cabaret performances.

So, there you have it. You now finally have a better understanding of transvestites, our society’s *slightly different* ladies.

CHAPTER FOUR

I Feel Trapped

Because I have helped some transvestites in their personal lives, I have added a section here on the emotional wellbeing of these *slightly different* ladies.

Due to their *slightly different* emotional programming and at times rather diverse ways of thinking, many transvestites, like gay men, are sadly prone to adopting slightly less than sensible ideas.

While many gay men believe they ‘must have companionship’ or they ‘must be in a sexual relationship and are worthless if they are not’, transvestites also have their own not-so-rational self-created notions.

However, there is one enormous difference between gay men and most transvestites. Gay men can blend in with the straight community and can, if they choose, walk away from the gay community – although they very rarely do.

Many transvestites, though, have artificial breasts and some have had full sex changes. Because of this, they are forced to live a *slightly different* lifestyle and simply cannot change their lifestyles as quickly and as readily as gay men can. I am not saying they are prisoners trapped within their made-up bodies, but, nonetheless, any attempted change in lifestyle will prove to be far more challenging for them.

Because of this, it is important that transvestites accept themselves for who they are, or have become. They really don’t have too many other choices.

ONE’S THINKING

The challenge many transvestites face is, as we age, we lose two things that all of us dearly cherish: our youth and our youthful looks. This is when emotional problems can take hold, and many transvestites do, over time, become emotionally disorientated – and their high suicide rate and use of medical suppressants clearly proves this to be so.

If you are a transvestite and feeling down, it's important you learn to see that your thoughts and beliefs play a significant role, both in how you feel and in what kinds of situation you find yourself involved. Plus, it will help you to know that, even if you were born *slightly different*, your everyday thinking will, to a fair degree, influence how emotionally comfortable you are.

As an example, let's say that, like some older transvestites, you now believe your life has become worthless. What if you questioned your thinking here? What if you delved into your thoughts and challenged the sense of this notion with the questions: "Where is the evidence my life has become worthless?" and "Is there any real proof my life has now become worthless?"

If you ask yourself these questions many times daily, **repeatedly** and **aggressively**, you will see there is no evidence that your life has now become worthless, and nowhere is there any proof to suggest that your life has become worthless.

When you question the sense of some of your notions and begin to see they do not stand up under rational scrutiny, you are more likely then to stop believing such ideas.

Once you start to do this, you will have taken a major step towards improving both your emotional wellbeing and your life, because when you stop believing your silly notions, these ideas lose their ability to upset you.

Work on your emotional wellbeing, repeating many times very forcefully within your mind, "My life has not become worthless and I can handle living in this world; things could be worse".

By adopting this more rational manner of reasoning, you are far less likely to become a recluse, experiencing higher rates of alcohol consumption and drug abuse and, sadly, possibly falling victim to suicide.

I have helped many gay males and their families overcome their emotional hurdles. I am mostly in New Zealand or Australia and can be contacted from anywhere via this website for questions, one-on-one sessions, over the phone advice and live group talks, as well as radio and television interviews.

I wish you good luck and joyful living.

Brian O'Donnell

Suggested reading:

How to Be Happy and Sane Despite the Rain - Brian O'Donnell (Amazon kindle download)

These three books are all-time classics written by the late, but great Dr Albert Ellis:

A New Guide to Rational Living

How to Stubbornly Refuse to Make Yourself Miserable About Anything (Yes, Anything!)

Feeling Better, Getting Better, Staying Better

THE END